

# Community Assistance Resources

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*Partner Organizations which benefit from COL funding | 2010*

- **Eppson Center for Seniors**

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Meals daily, meals delivered, social events, wellness center, blood draws, transportation. **CONTACT:** 1560 North 3rd Street, Laramie, Wyoming, 82072-2014, 307-745-5116. *No website.*

- **Youth Crisis Center/Cathedral Home for Children**

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Full-service residential treatment facility, serving troubled and traumatized youth, including those who are deaf or hard-of-hearing. The structured, family-oriented environment, along with positive reinforcement, constructive criticism, and natural consequences, provide the skills necessary to build healthy relationships. Residents learn to transfer these new skills to daily life, school, family, and friends outside of the Home. **CONTACT:** 4989 N 3rd Street, Laramie, Wyoming, 307-745-8997 or 1-800-676-1909. **WEBSITE:** [www.cathedralhome.org](http://www.cathedralhome.org)

- **SAFE Project**

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The mission of SAFE is “to advocate for victims of domestic abuse, sexual assault, rape, and incest, and to create change through education and awareness to eliminate violence”. We also serve victims of child abuse, elder abuse, and stalking.

Our confidential services include: a 24-hour hotline, crisis intervention, safety planning, emergency cell phones, medical advocacy, community resource referrals, emergency food and transportation, court escort, assistance with stalking and domestic violence Protection Orders, emergency shelter, mental health referrals, community education and prevention programs and events. We are not qualified to give legal advice. **CONTACT:** Albany County SAFE Project, 312 Steele Street, Laramie, Wyoming, P.O. Box 665, Laramie, WY 82073, hotline: 1-800-230-3556 V/TTY 307-742-7273 **WEBSITE:** [www.safeproject.org](http://www.safeproject.org)

- **Crime Victim Witness Program**

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City of Laramie uses them, third party, we fund them. Mitch Cushman, Lieutenant Commander of the LARC/LPD. Crime Victim Witness- Workers in the main office:

Gene Wiegand – Supervisor	Dasa Robertson-Line worker
309 S. 4th Suite 102	309 S. 4th Suite 102
307-721-5315	307-721-5315
Laramie, Wyoming 82070	Laramie, Wyoming 82070

They receive a little over 10,000.00 dollars of city money. It goes to matching funds from the state. It is used for salaries, supplies, and general budget for the office. Most of funds gained for budget goes into restitution for violent crime only. The office helps courts mandate restitution for victims of nonviolent crimes that is usually paid by the convicted person.

The county has a duplicate crime witness coordinator through the County Attorney's office named Amanda Demshar, but she receives no money from Gene and Dasa and is fully funded through the county only.

- **Downtown Clinic**

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The Downtown Clinic is a volunteer-based primary care facility serving low-income people and families who currently do not have health insurance coverage. Located in the Public Health Office at 611 S. 2nd Street Downtown, open Wednesdays from 3 – 7 PM. Eligibility is based on financial ability. There is no fee; donations are accepted.

**CONTACT:** 611 South 2nd Street, Laramie, Wyoming 82070-3617, 307-745-8445

**WEBSITE:** [www.downtownclinic.org](http://www.downtownclinic.org)

- **Laramie Soup Kitchen**

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A non-profit program run by the *Laramie Soup Kitchen Board of Directors*. Located in the undercroft of St. Matthew's Cathedral on 3rd and Ivinson Streets, they have been feeding and helping the needy in Laramie for 22 years. It is run primarily by volunteers and a small volunteer staff, who serve meals to 30 – 36 people daily. They maintain a cooking staff, a driver to pick up donated food from Safeway, a custodian, as well as coordinate many volunteers.

Serving daily from 11:30 a.m. to 1:00 p.m. Monday through Saturday, with sack lunches provided on Saturday for Sunday. They have additional volunteers during the holidays, when the number of needy goes up to 60 per day. **CONTACT:** Located in the Undercroft of St. Matthew's Cathedral, at 3rd and Ivinson Streets, Enter through the door on Third Street

**WEBSITE:** [www.saintmatthews.qwestoffice.net/Laramie\\_Soup\\_Kitchen.htm](http://www.saintmatthews.qwestoffice.net/Laramie_Soup_Kitchen.htm)

- **Hospice of Laramie**

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***Mission:*** to promote acceptance of the process of dying as a natural potentially fulfilling part of life, while providing emotional, spiritual, social and material resources to support the dying, their families and friends.

A team approach to providing compassionate comfort care and pain management to someone facing a terminal illness. Hospice care focuses also on family members and/or the caregivers. The team consists of a Medical Director, RNs, CNAs, a Social Worker, a Chaplain, trained volunteers and the patients primary care

physician. They all work together toward a common goal of the best quality of life for the patient during whatever time is remaining. **CONTACT:** 1262 North 22nd Street, Suite A, Laramie, Wyoming 82072-5307, 307-745-9254, **WEBSITE:** [www.hospiceoflaramie.com](http://www.hospiceoflaramie.com)

- **Ark Regional Services**

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An organization in Laramie since 1963 that offers opportunities for all people with intellectual disabilities to live, learn, work, and play. Vocational Services: Community Employment, Health Services, Therapy Services, Case Management, Residential Services, Day Habilitation, Equestrian Center, Recycling, Creative Arts, Employment Opportunities, . **CONTACT:** 1150 N. 3rd Street, Laramie, Wyoming 82072, 307-742-6641, fax: 307-742-9302, TDD: 1-800-545-1833 ext. 308, **WEBSITE:** [www.arkregionalservices.com](http://www.arkregionalservices.com)

- **CLIMB Wyoming**

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Program trains and place single mothers in higher paying jobs. In Wyoming and across the U.S., households headed by single mothers are the most likely to live in poverty. CLIMB graduates consistently double or triple their monthly wage income, the impact of which will be felt for generations to come. The City has previously employed women in this program, one of whom worked her way to full time employment here.

The program model was developed in 1986 to help move single mothers out of poverty - *permanently*. The program has helped families reach self-sufficiency, the effects of which will be felt for generations.

To meet Wyoming's workforce needs, CLIMB Wyoming programs are helping women enter construction and energy trades as well health care, as well as office careers. Uses job training and placement program. Other skills that ensure successful relationships on the job and in the home are developed. Core to the model are mental health services that address personal barriers that have impeded success in the past. **CONTACT:** 217 South 1st Street, Laramie, Wyoming 82070, 307-742-9346, Fax: 307-721-1089 **WEBSITE:** [www.climbwyoming.org](http://www.climbwyoming.org)

- **Developmental Preschool**

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Developmental Preschool is a service of the Child Development Services of Wyoming which is a non-profit, membership organization serving the state. These Programs provide therapeutic and educational services to preschool children with developmental disabilities and delays. Promotes early childhood screenings.

**CONTACT:** 715 Shields Street, Laramie, Wyoming 82070, 307-742-6374, **WEBSITE:** [www.cdswy.org](http://www.cdswy.org)

- **Laramie Reproductive Health**

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Formerly known as Albany County Family Planning. Has provided confidential, professional reproductive health care to men and women since 1970. We are here to give you the facts you need to assist you in making decisions about your reproductive health care. We provide quality services at a cost you can afford. LRH is a private non-profit organization, services are made possible through City of Laramie funding, private donations, grants, and client fees. **CONTACT:** 413 S. 21st Street, Laramie, Wyoming **WEBSITE:** [www.laramiereproductivehealth.org](http://www.laramiereproductivehealth.org)

- **Lincoln Community Center**

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Once completed (renovation groundbreaking scheduled for January 2011), “the Lincoln Community Center will be a multi-purpose community center for the West side of Laramie,” the request-for-proposal description says. “This proposal is funded for a one-year period through a grant by the Albany County Commissioners.” **CONTACT:** 452 North Cedar Street, Laramie, Wyoming, *S.Schermetzler, Albany County Grants Manager: 307-721-5550, or e-mail - [sschermetzler@co.albany.wy.us](mailto:sschermetzler@co.albany.wy.us)* Mario Flores, President, Lincoln Community Center Inc. Board of Directors, 307-760-8881 (*no website*)

- **Albany County Public Library**

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Programs for kids, teens, adults, volunteer, genealogy, newsletters, audio-books, tours, computers, education, book discussion groups, author readings and signings, lectures, film showings, speakers, Family Fun Night, children’s story time, meeting rooms, full-service public library. **CONTACT:** 310 South 8th Street, Laramie, Wyoming 307-721-2580, **WEBSITE:** [www.albanycountylibrary.org](http://www.albanycountylibrary.org)

- **Laramie Plains Civic Center**

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In July of 1979, the Albany County Commissioners and the Laramie City Council appointed an ad hoc committee to prepare a Joint Powers Agreement on November 27, 1979. The City of Laramie and the Albany County Commission signed the Joint Powers Agreement. The Eastside School was designated as the Laramie Plains Civic Center which brings together helping and service agencies, and recreational, educational and cultural facilities. **CONTACT:** 710 East Garfield Street, Suite 126, Laramie, Wyoming 82070-3979, 307-745-8000, **WEBSITE:** [www.laramieplainsciviccenter.org](http://www.laramieplainsciviccenter.org)

- **Big Brothers/Big Sisters**

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Mentoring program, where “Bigs” and “Littles” are matched on an ongoing basis. Opportunities for those with limited time to spare. The School-Based Volunteer program, for example, allows selected adult mentors to join kids at lunchtime or recess – to talk, have fun, and just hang out. It’s only *one* hour, *one* time per week and provides a no-cost school lunch. Qualification required: December is a great time to get started – by the time school resumes in January, you could be qualified and ready for this great opportunity. **CONTACT:** 18 Ord Street, Laramie, Wyoming 82070, 307-742-2227, **WEBSITE:** [www.bbbs.org](http://www.bbbs.org)

- **Habitat for Humanity**

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A nonprofit, housing ministry seeking to eliminate poverty housing and homelessness. Habitat builds houses together in partnership with families in need. H for H of Albany County, was est. 1993. Locally-run nonprofit org. works in partnership with qualifying families and community volunteers and businesses to build simple, decent, and affordable housing. The houses are then sold to these families at no profit and with no interest charged. **CONTACT:** Habitat for Humanity of Albany County (*mail*) Post Office Box 688, (*office*) 302 South Second Street, Suite 212, Laramie, Wyoming 82073, 307-745-4130, **WEBSITE:** [www.laramiehfh.org](http://www.laramiehfh.org)

- **American Red Cross of Wyoming**

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Disaster Services, Health and Safety Training, Volunteer Services, Preparedness **CONTACT:** Albany-Carbon Counties/Branch Office, 1050 N. 3rd Street – Suite I, Laramie, Wyoming 82072, 307-745-5505, After Hours: 307-763-223 **WEBSITE:** [www.wyomingredcross.org](http://www.wyomingredcross.org)

- **Retired/Senior Volunteer**

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Cheyenne housing-authority-retired-senior-volunteer-program, places seniors in positions to keep them active and in the community, and the employer benefits from their help as well. **CONTACT:** Laramie County Senior Services, 2101 Thomes Avenue, Cheyenne, Wyoming 82001, 307-635-2435 or 307-634-7787 **WEBSITE:** [www.lcseniorservices.com/rsvp.htm](http://www.lcseniorservices.com/rsvp.htm)

- **Wyoming Family Home Ownership**

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WYFHOP is a non-profit organization, which – through a coalition of local faith communities, businesses, and dedicated families – is dedicated to home ownership for working Wyoming families with children. *Mission:* to support and prepare low-income one and two-parent families with children with the necessary resources to successfully achieve home ownership.

Every month for a two-year period, sponsors contribute \$200 to a trust account for a total of \$5800 per year. Families save \$100 a month, attend financial literacy classes, and build relationships with family mentors. The savings total is \$18,000 plus interest.

At the end of two years, the family has developed solid financial habits, are prepared financially, and are emotionally ready to own their own home. Community sponsors are the key to building necessary relationships for the families' success.

**CONTACT:** Terry Williams, WYFHOP Program Director, P.O. Box 21682, Cheyenne, Wyoming 82003, **WEBSITE:** [www.wyfhop.org](http://www.wyfhop.org)

- **Interfaith-Good Samaritan**

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Many avenues of giving, support, fundraising and life management counseling. Their **mission** is to partner and liaison with other organizations and agencies to provide assistance in emergency situations ***when no other help is available.***

Emergency crisis assistance: past due rent to prevent eviction, help in preventing utility cut-off when no other means of assistance is available, emergency lodging, emergency motor fuel to sustain employment, help with getting to medical appointments, and aid for persons who are stranded along their trips. Emergency medication and emergency vehicle repair to sustain employment and to assist persons who are stranded.

Coordinates the monthly USDA Food Commodity distribution for Albany County. Volunteering time or professional services is an essential resource for I.-G.S.

Donations: food products, diapers, baby formula, infant clothing, hygiene items, and disposable paper products. I-GS is an agency of last resort. I-GS teaches the needy to prioritize monthly obligations and resources, from time and finances to work and family.

**CONTACT:** 710 East Garfield Street, Room 127, Laramie, Wyoming 82070-3985, Voice Phone: 307-742 – 4240, Wyoming Relay Service, TTY (*Telecommunications Device for the Deaf*) 1-800-877-9965 (*toll/long distance charges will be billed accordingly*), fax: 307-742-0184, **WEBSITE:** [www.interfaithgoodsam.com](http://www.interfaithgoodsam.com)